



7th AACCP International Symposium Secrets of Success in Sleep and Pain: A Clinical Guide

AACP Australian Chapter - 7th International Symposium
Sydney, Friday March 9th – Sunday March 11th 2018
at The Sydney Harbour Marriott Hotel

REGISTRATION DETAILS

REGISTER ONLINE at www.aacfp.com.au

FULL REGISTRATION INCLUDES:

3 Days registration includes entry to all sessions on the day that you are registered for. Morning tea, afternoon tea and lunch each day. Conference bag plus access to the event App. Welcome Cocktail Evening on Friday 9th March 2018.

FOR CONTINUING PROFESSIONAL DEVELOPMENT THE CPD POINTS ARE:

CPD for 3 days
Anticipated 20 hours

AACP MEMBER REGISTRATION	\$2095 INCL GST
NON MEMBER EARLY BIRD 1	\$2295 INCL GST MAR 21ST DEC 15TH 2017
NON MEMBER EARLY BIRD 2	\$2395 INCL GST DEC 16TH TO FEB 10TH 2018
NON MEMBER	\$2495 INCL GST FEB 11TH 2018 ONWARDS
PHYSICAL THERAPISTS	\$1320 INCL GST (LIMITED TO 10 SPACES)

CANCELLATION POLICY

AACP Australian Chapter reserves the right to cancel any portion of the conference if needed. Should you need to cancel the AACP must be notified by February 25th 2018. All cancellations must be received in writing. In this case \$150 will be deducted from your refund. Cancellations after this date will be subject to a 50% fee per attendee.

VENUE

The Symposium will be held at **THE SYDNEY HARBOUR MARRIOTT HOTEL** 30 Pitt St Sydney, NSW 2000.

The Hotel is offering special accommodation rates to delegates. To secure these rates please visit our website www.aacfp.com.au and book using the customised hotel link. Please note hotel rooms are limited. AACP Australia cannot guarantee accommodation.

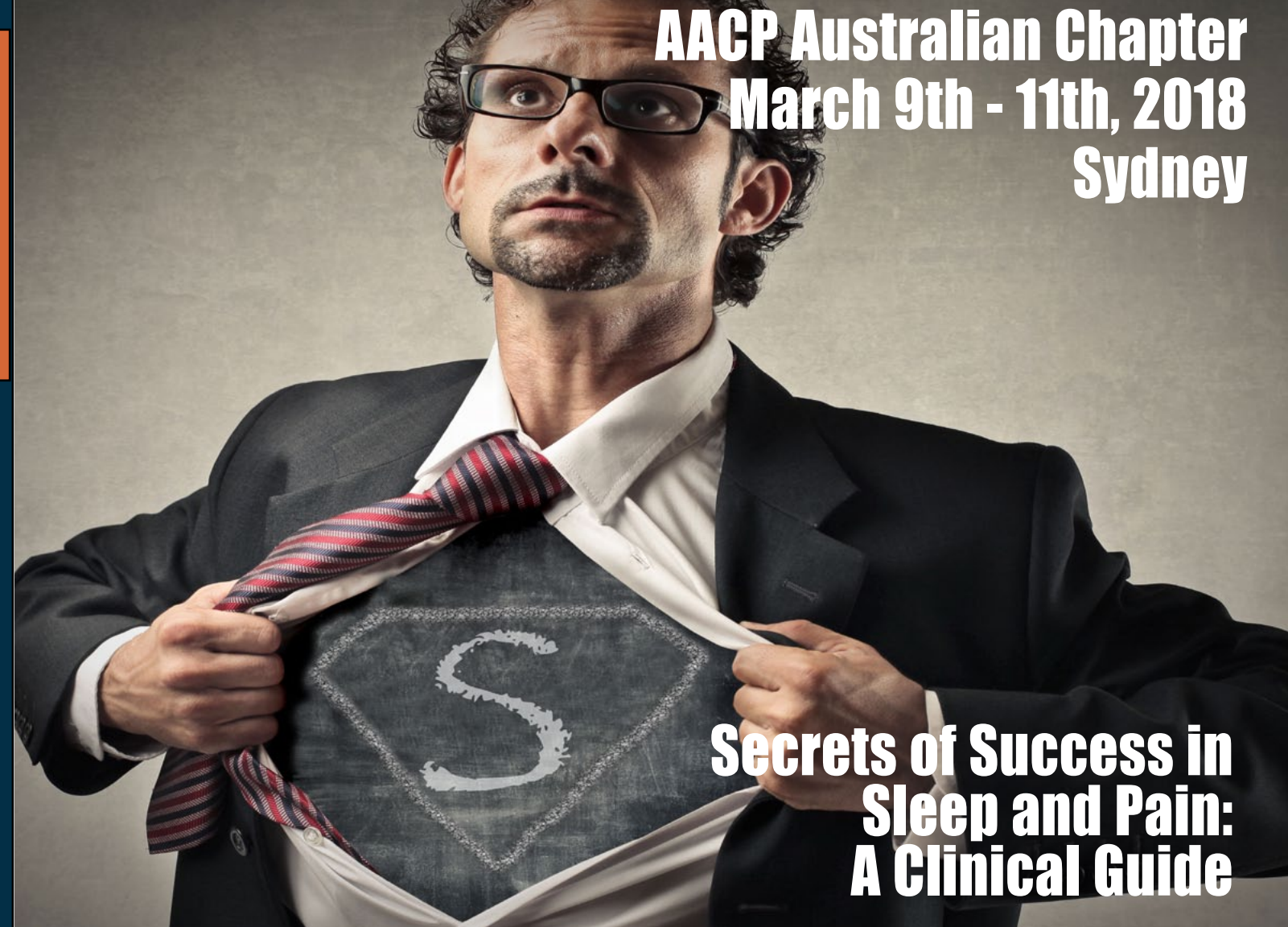
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AACP Australian Chapter
March 9th - 11th, 2018
Sydney



Secrets of Success in Sleep and Pain: A Clinical Guide

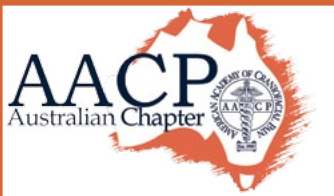
Secrets of Success in Sleep and Pain: A Clinical Guide

DENTISTRY DEMANDS A LOT FROM YOU. EVERY APPOINTMENT YOU MAKE NUMEROUS CLINICAL JUDGEMENTS THAT AFFECT PATIENT OUTCOMES, YOUR REPUTATION AND THE BOTTOM LINE. TREATING PEOPLE WITH CHRONIC FACIAL PAIN CAN THROW A BIG TORQUE WRENCH INTO THE WORKS. WHILE THERE IS NO COOK BOOK APPROACH FOR DIAGNOSING AND TREATING FACIAL PAIN, SYSTEMS EXIST THAT INCREASE THE EASE OF DIAGNOSIS AND HELP YOU TREAT EFFECTIVELY TO PROVIDE A SUCCESSFUL OUTCOME.

THIS COURSE IS DESIGNED TO DEMYSTIFY CONFUSING ASPECTS OF OROFACIAL PAIN AND SLEEP THERAPIES: ARE YOU CLEAR ON WHEN AND WHAT TESTS TO ORDER? LEARN HOW TO DO A CRANIAL NERVE EVALUATION. CLARIFY READING SLEEP STUDIES AND MRI. LEARN WHICH MEDICATIONS BRING RESULTS. RECOGNISE SOME OF THE UNUSUAL PRESENTATIONS OF SLEEP AND PAIN DISORDERS TO BECOME A MORE EFFECTIVE PRACTITIONER.

AACP AUSTRALIA BRINGS YOU CLINICIANS FROM AROUND THE WORLD TO SHOW HOW TO MAKE PROVIDING PAIN AND SLEEP THERAPY A MORE PREDICTABLE AND ENJOYABLE PART OF YOUR CLINICAL DAY.

www.aacfp.com.au



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Meet our Speakers

JAMES R. FRICTON

Dr. Friction is a Professor Emeritus at the University of Minnesota School of Dentistry with appointments in the School of Public Health and School of Medicine. He is also a Senior Investigator at HealthPartners Institute for Education and Research conducting research on chronic pain. He maintains an active clinical practice as a pain specialist and has over thirty-five years of experience in patient care, research, and teaching in chronic pain and the evaluation and management of complex orofacial pain patients.

GARY HEIR

Gary is the Program and Clinic Director, Center for Temporomandibular Disorders and Orofacial Pain, Department of Diagnostic Services Rutgers University School of Dental Medicine Newark, New Jersey, and the Co-Director and Clinical Professor, Orofacial Pain Fellowship and Masters in Dental Science Graduate Program Center for Temporomandibular Disorders and Orofacial Pain Department of Diagnostic Sciences at Rutgers. Gary is a Clinical Professor Rutgers University School of Dental Medicine, and a Visiting Professor, Faculty of Medicine, Orofacial Pain Team Clinical Hospital University of São Paulo, São Paulo, Brazil. Gary has numerous publications, and has been the Vice Chair, New Jersey Governor's Lyme Disease Advisory Council

RAFAEL BENOLIEL

Dr Benoliel undertook 2 years of training in Oral and Maxillofacial Surgery at the University of London before moving to the Dental Faculty at Hadassah- the Hebrew University, Israel. He completed formal, state recognized, Oral Medicine training and subsequently concentrated on orofacial pain. In 1997-1998 he served as Research Associate at the Unit of Neuronal Gene Expression at the NIDCR, NIH, Bethesda. In 2003 Dr. Benoliel was appointed Chair of the Department of Oral Medicine, in the Dental Faculty at Hadassah-Hebrew University. He joined the Dental School at Rutgers in June 2013 as the Associate Dean for Research and is also the Director of the Center for Orofacial Pain and Temporomandibular Disorders.

PETER SELVARATNAM

Dr Peter Selvaratnam is a Specialist Musculoskeletal Physiotherapist, an Associate Clinical Professor at The University of Melbourne and an Adjunct Senior Lecturer at the Faculty of Medicine at Monash University. He is the Principal at the Melbourne Spinal and Sports Medicine Clinic, the Headache Centre of Victoria, the Laser Pain Clinic Australia and runs educational programmes for BacktoLife. Peter has a PhD in Medicine in Functional Anatomy of the cervical spine and nervous system and has a special interest in neural modulation. Peter teaches dry needling in Australia and overseas. He has a multidisciplinary approach to orofacial pain working in conjunction with Dentists, Oral Medicine Specialists, Neurologists and Psychologists.

ANDREW CHAN

Dr Andrew Chan is a Consultant Respiratory and Sleep Medicine Physician. He is a Senior Staff Specialist in the Department of Respiratory and Sleep Medicine, Royal North Shore Hospital, and the Deputy Director of the Centre for Sleep Health and Research, Royal North Shore Hospital. Dr Chan is a Senior Lecturer at the Sydney Medical School, University of Sydney.

BERNARD KOONG

Clin Prof Bernard Koong
BDS (W.Aust), MSc (OMR) (Toronto), FICD, FADI, FPFA
Oral and Maxillofacial Radiologist.
Bernard is a founding partner at Envision Medical Imaging, a multidisciplinary comprehensive private radiology group in Western Australia and also consults internationally. He is a Clinical Professor at the University of Western Australia.

Bernard has presented more than 100 lectures to the dental and medical professions across Australia and internationally. He was Vice Chairman and member of the Scientific Committee of the 33rd ADA Congress, and is the author of the Atlas of Oral and Maxillofacial Radiology, and the radiology chapter for the 6th edition of Lindhe and Lang's Clinical Periodontology and Implant Dentistry. He is a contributing author for the Glossary of Preventive Dentistry and Periodontology (Quintessence Publishing), writing the radiological definitions. He is a member of the Editorial Board of the Clinical Oral Implant Research journal.

RAMESH BALASUBRAMANIAM

Ramesh graduated with a BDS from the University of Western Australia in 2000 and completed a certificate and Master of Science degree in Orofacial Pain and training in sleep medicine at the University of Kentucky. He is a Diplomate of the American Board of Orofacial Pain, and completed training in Oral Medicine and a Fellowship in Interdisciplinary Geriatrics at the University of Pennsylvania in 2008. He has numerous peer reviewed publications, and serves as a reviewer for a number of peer-reviewed journals. Ramesh is also a co-editor and co-author of a new authoritative comprehensive textbook entitled: "Contemporary Oral Medicine" to be published by Springer in 2018. Ramesh is a Clinical Associate Professor at the School of Dentistry of the University of Western Australia.

MICHAEL NICHOLAS

Professor, Pain Management Research Institute, University of Sydney at Royal North Shore Hospital, St. Leonards, Australia.

Since 1980, Professor Nicholas' main interest has been combining research and clinical pain practice, especially multidisciplinary applications of psychology. This has meant working on many fronts: as a member of Scientific Committee for the 2008 IASP conference; as a reviewer and now an associate editor for PAIN; from

1988-1990 as the inaugural program director, INPUT program at St Thomas' Hospital, London, and, since 1994, at Sydney University's Pain Management Research Institute. He has an active clinical research program with international collaborators, alongside postgraduate pain education through our web-based courses, plus face-to-face training in psychological pain management in many countries.

MAYOOR PATEL

As an experienced practitioner in the area of Craniofacial Pain, Temporomandibular Disorders (TMD) and Dental Sleep Medicine, Dr. Mayo Patel welcomes dentists from all over the country. It is Dr. Patel's goal to help dentists around the globe to better understand their role in diagnosing and managing patients with craniofacial pain and TMD as well as providing services in dental sleep medicine.

Since 2006, Dr. Mayo Patel has been an active lecturer—sharing information with dentists from all areas. As a lecturer, Dr. Patel works with other dentists to enhance their practice and expand their experience so that they can continue to offer their patients superior dental health care.

NELLY HUYNH

Nelly is an Assistant Professor at the Faculty of Dentistry, Oral Health Department, at the University of Montreal and the CHU Sainte-Justine Research Center, and the Coordinator, Orthodontic Axis for the Gram DENT (Clinical Research), Faculty of Dentistry, University of Montreal. Nelly completed her Dental Medicine degree and then her Ph.D at Montreal from 2000-2006, and specialized training in OSA, paediatric sleep disorders and MRI at Stanford University, and training in epidemiology, and global health at the World Health Organization Geneva. She has had many books and articles published, and is on the board of many refereed magazines. Her current research interests involve the effect of orthognathic treatment on craniofacial growth, sleep, breathing and behaviour in children and adolescents, and the effects of craniofacial syndromes on sleep and respiration.

BILL JOHNSTON

Bill is an ENT surgeon based in Hornsby. He has been in private practice since 2000, and has a special interest in paediatric ENT and the treatment of chronic nasal and sinus issues in both adults and children.

Bill commenced his otolaryngology training at Gosford Hospital in 1997 for 12 months. He also trained at Sydney Hospital and Concord Repatriation Hospital and was ENT Registrar in 1999 for six months at the Children's Hospital, Westmead. His final year of training was completed in the Year 2000 at Royal Prince Alfred Hospital. Bill undertook a local Fellowship in Rhinology under Associate Professor Raymond Sacks and Dr Martin Forer. He entered full time private practice after this Fellowship in 2002.

AACP Australian Chapter

Secrets of Success in Sleep and Pain: A Clinical Guide

Program for the AACFP 7th International Symposium, Sydney. Sleep and Pain Mini Residency. March 9th-11th 2018

REGISTRATION

7.45am-8.15am Registration: Main Lobby, Level 2

FRIDAY MARCH 9TH 8.15AM-5.30PM
MAIN AUDITORIUM

Examination

8.15-8.30am Presidents Welcome

8.30-9.30am Who, what, where, when and how: Patient Interview and Medical History
GARY HEIR.

9.30-10.30am Tests and more tests: When and what to order, and what does it all mean?
RAFI BENOLIEL

10.30-11.00 am Morning Tea

11.00-12noon Physical Evaluation for TMD a Hands-on Workshop
PETER SELVARATNAM

12.00-1.00pm Red Flags, Cranial Nerve Examination, Nerve functional assessment
RAFI BENOLIEL AND GARY HEIR

1.00-2.00 pm Lunch

2.00- 3.00pm.Preventing Chronic Pain: On-line training and telehealth coaching
JAMES FRICTON

3.00-3.30pm Afternoon Tea

3.30- 4.30pm Airway Assessment
BILL JOHNSTON

4.30- 5.30pm.Orofacial Pain, 10 drugs I cannot work without
RAMESH BALASUBRAMANIAM

5.30-7.30pm EVENING WELCOME DRINKS

SATURDAY MARCH 10TH
8.30AM-5.30PM
MAIN AUDITORIUM

Diagnosis

8.30-9.30am Diagnostic Imaging for the Patient with Orofacial Pain
BERNARD KOONG

9.30-10.30am Noises in the Night: Sleep Bruxism and Sleep Disordered Breathing in Children
NELLY HUYNH

10.30-11.00 am Morning Tea

11.00-12noon When TMD is not TMD?
BERNARD KOONG, RAMESH BALASUBRAMANIAM

12.00-1.00pm Reading Sleep Studies for Dentists
ANDREW CHAN

1.00-2.00pm Lunch

2.00-3.00 Differential Diagnosis of Orofacial pain Headaches: Headaches can be a pain in the Neck and Elsewhere
GARY HEIR

3.00-3.30pm Afternoon Tea

3.30- 4.30pm. Weird and Whacky causes of pain (Lyme disease, parasites and /bacteria)
GARY HEIR

4.30-5.30pm Cases, Cases, Cases.
GARY HEIR AND RAFI BENOLIEL

SUNDAY MARCH 11TH
8.00AM-5.30PM
MAIN AUDITORIUM

Treatment

8.00-9.00am Transformative care for Chronic Pain: Integrating Training with Treatment
JAMES FRICTON

9.00-10.00am Psychological interventions for sleep and pain: CBT and Mindfulness.
MICHAEL NICHOLAS

10.00- 10.30 am Morning Tea

10.30-11.30am Splints for TMD and what to do when they don't work
MAYOOR PATEL

11.30-12.30pm MADs and adjunct therapies for OSA
MAYOOR PATEL

12.30- 1.30 pm Lunch

1.30-2.30pm. Orthodontics and Sleep Disordered Breathing
NELLY HUYNH

2.30- 3.00pm Afternoon Tea

3.00-4.00pm Complimentary and alternative care for chronic Pain: The Evidence
JAMES FRICTON

4.00-5.00pm Putting it all together
PANEL DISCUSSION OF CASES

5.00-5.30pm Conference Close